

[Prevalence of hypocalcaemia and its associated features in 22q11.2 deletion syndrome](#)

Cheung ENM, George SR, Costain GA, Andrade DM, Chow EWC, Silversides CK, Bassett AS: Clinical Endocrinology 81:190-196, 2014 (doi: 10.1111/cen.12466)

This research explored how common low calcium levels are in individuals with 22q, and what the possible causes are. We found that in addition to changes in parathyroid function, low thyroid function may also play a role in causing low calcium levels. Also, individuals with 22q can have low levels of magnesium, which can further lower calcium. Dietary intake such as pop and alcohol were also found to lower calcium levels, and reducing intake of these drinks is an important preventative strategy.